

Taking care of your Tähtisauna

When talking about sauna bench care, best solution is parafin oil. We highly recommend to oil benches fully before first use. Parafin oil makes the wood grain to tighten up, therefore it does not soak up with wood that easily. Oil also brings out the natural glory of the wood and makes sanded parts become whole with all materials.



Thorough drying of benches is best aftercare.

Sauna benches go through a lot of moisture and drying up that will expand and extract the wood's surface a lot. Best way to take care of your benches is to dry up the sauna room after bathing. When you have finished bathing in sauna, keep the heater on for about half hour and then open the sauna door. This will dry up the moisture from the sauna room. Parafin oil will reduce wood's changing form and that way expand the lifespan of the bench a lot. It also helps keep benches clean.

Oiling process is best done with lint-free cloth or just a normal painting brush. Put a 1-2 coats of oil in first treatment. Oil the wood ends well, because they will suck up most of the water/moisture. Re-do treatment 1-2 times in a year, in household usage. In spa's the treatment should be done every three months.

Cleaning up

Sauna should be cleaned up around 1-2 times a year. Clean the benches with soft brush and warm water. You can also use cleaning chemicals that are meant for cleaning up the sauna. Water the bench elements with warm water, use cleaning product and brush them and water them down with cold water. This will shrink the grain a bit and will help keep them cleaner. Then put them back in warm sauna and oil in next day. Don't use high pressure washer in benches or sauna panels.